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**ALZHEIMER'S DISEASE**  
**AWARENESS**

SOURCE: WORLD HEALTH ORGANIZATION



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# Definition & Prevalence

**Alzheimer's disease** is a chronic neurodegenerative disease that becomes worse with time.

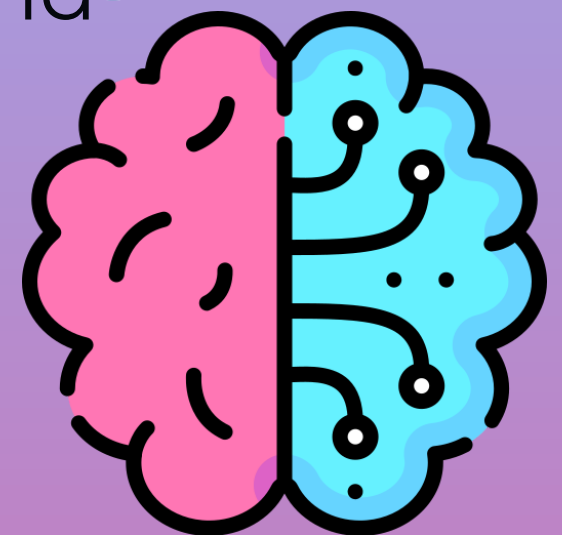
It is thought that the disease begins 20 years or more before symptoms arise.

Alzheimer's disease affects more than **40 million people worldwide** and is one of the most common causes of **dementia**.



# 5 A'S OF ALZHEIMER'S DISEASE

- **Anomia** - Inability to remember names of things.
- **Apraxia** - misuse of objects because of failure to identify them.
- **Agnosia** - inability to recognise familiar objects, sound, taste and other sensations.
- **Amnesia** - memory loss.
- **Aphasia** - inability to express oneself through speech.



# Signs, Symptoms & Risk Factors

## Signs & Symptoms:

- Episodic memory loss, anxiety, depression & irritability.
- Communication barrier.
- Thinking and learning difficulties.
- Difficulty in swallowing.
- Difficulty in walking.
- Hallucinations.
- Sleep issues and sundowning.



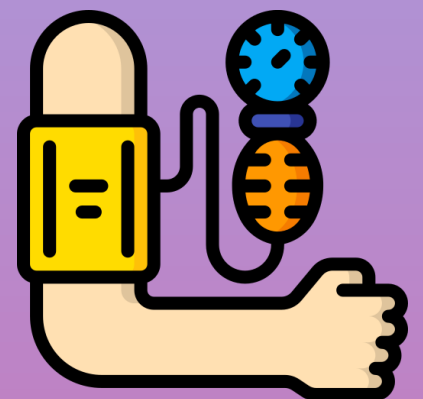
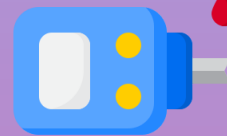
## Risk Factors:

- Age.
- Genetics.
- Family history.
- Certain systemic diseases.



# WHO strongly recommends:

- Physical activity.
- Quitting smoking.
- Diabetes control.
- Hypertension control.



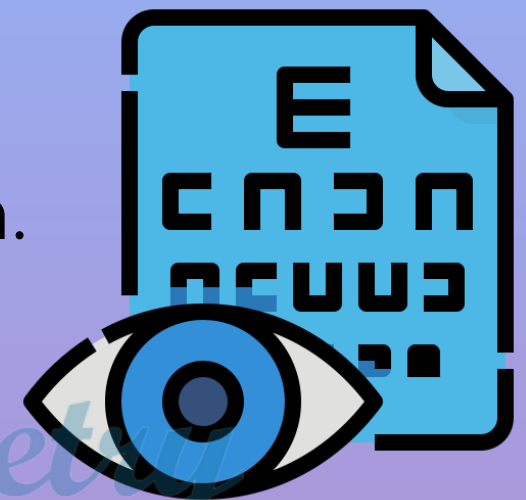


# What Alzheimer's has to say about your Eyesight?

Thinning of the Retinal Nerve Fibre Layer.

## 4 Visual Deficits:

- Reduced ability to detect motion.
- Loss of depth perception.
- Reduced peripheral vision.
- Difficult recognizing colors.



**Now we know how Alzheimer's disease can affect your eyesight, regular Comprehensive Eye Examination can detect early signs of the disease and helps to treat before it worsens.**

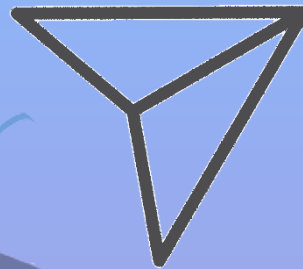




Wow, what a cool content



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