



# TWOP News

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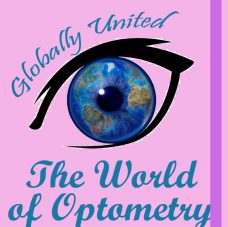
*The*

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**MASK ASSOCIATED**

**DRY EYE**

**(MADE)**



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# Causes of MADE

1. Air from breathing out is channeled up, out the top of the face mask and over the surface of the eye.
2. Movement of air over the eye causes tears to evaporate, leaving the surface of the eye dry.
3. Eyes may feel dry, gritty, irritated, itchy, watery, and look red.



# Solution of MADE

1. Ensure your mask fits well, and consider taping the top edge of the mask for prolonged wear.



2. Lubricating eye drops may help alleviate dry feeling eyes. Consult with your eye care professional for their recommendation.



3. Limit time in air-conditioned environments where possible, and take regular breaks from digital devices.



DRAG TO THE SIDE  
DRAG TO THE SIDE

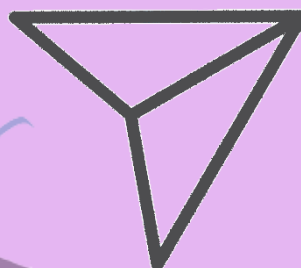
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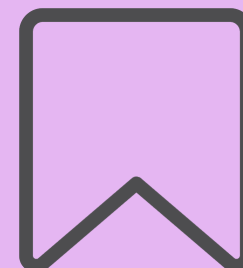
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