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# TWOP TIPS

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## PRESCRIBING SPECTACLES FOR LOW VISION PATIENTS



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## TIPS

### 1. Retinoscopy

- In some cases, moving closer to the patient (decreasing working distance) may be required due to cataract or other ocular pathologies. However, do ensure that you compensate for the change in distance.
- Starting from plano may not be the best, hence use the patient's habitual spectacle prescription if it is available.
- Loose lenses with trial frames are always the best option for low vision patients.



## TIPS

### 2. Near Add

- Try to use continuous text visual acuity charts when determining this part of the prescription.
- Be mindful to adjust prescriptions based on accommodative status of patient, distance that they hold the chart, and of course the distance prescription you would have acquired.





## TIPS

### 3. Lens Material and Tints

- In cases where the patient is a child or perhaps where one eye is significantly worse than the other, lens material options for protection such as impact resistance would be the best option rather than choosing lenses that have better optical quality because they have less chromatic dispersion or scratch resistance. Safety would be priority!



## TIPS

### 3. Lens Material and Tints

- We must also remember the various tints that might be helpful in different pathologies for low vision patients. For example, a yellow tint will enhance contrast for ARMD patients or perhaps grey tint for a light sensitive albinism patient.

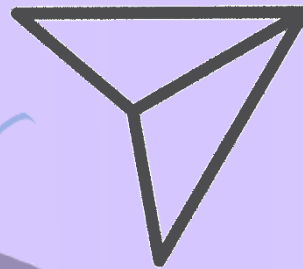




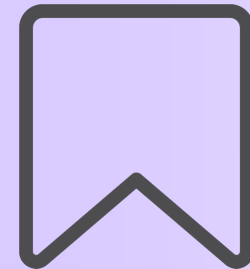
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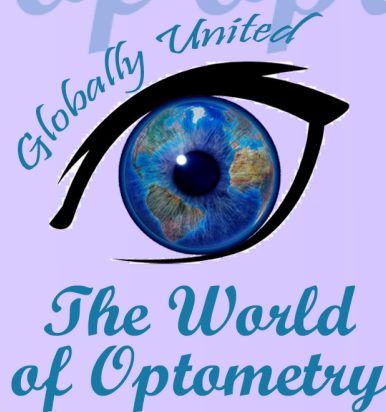


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