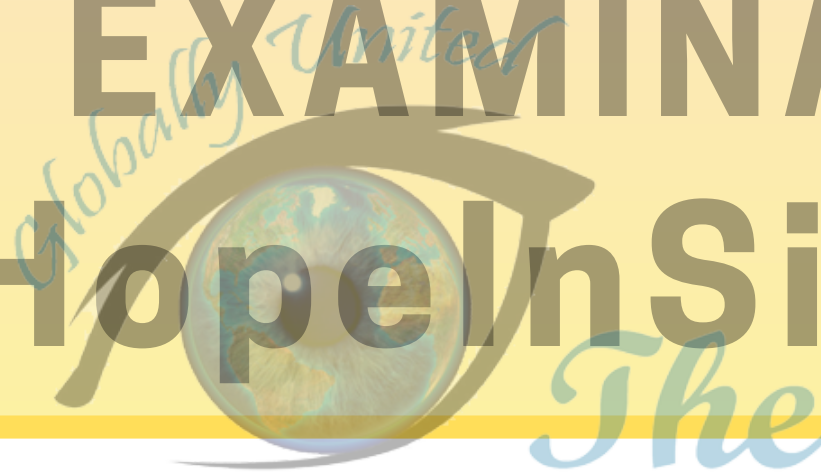


**TWOP**

**IMPORTANCE OF  
COMPREHENSIVE  
EYE EXAMINATION**

**#HopeInSight**



*World of optometry*

**#TWOPvisiontest**

**EYE EXAMINATION**

#TwopWSM

# Eye Examination

A comprehensive eye examination by an optometrist/ophthalmologist is a crucial part of caring for your eyes, vision and overall health.

Many eye and vision problems have no obvious signs or symptoms, so you might not know a problem exists.

Receiving regular comprehensive eye exam helps in early diagnosis and treatment of eye & vision problems.

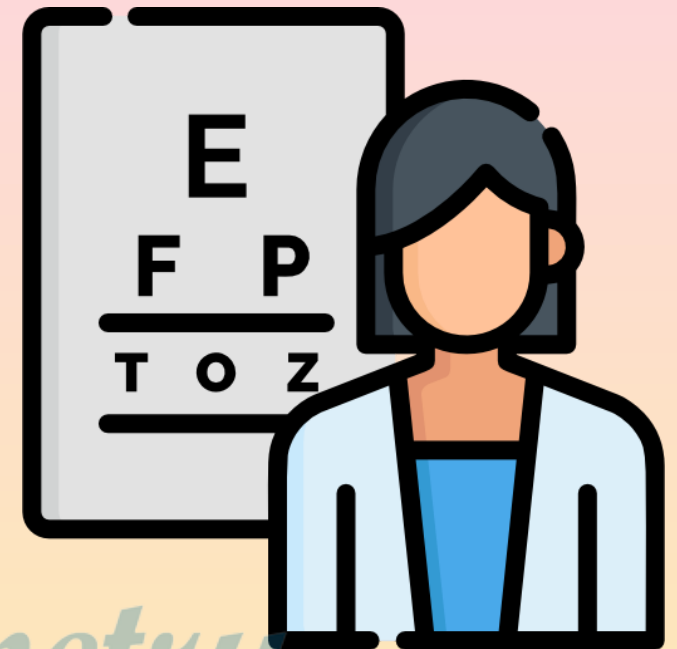


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# Eye Examination

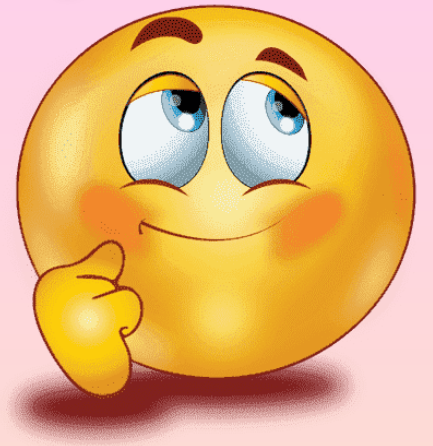
An eye is a “window to our soul” is also an “effective window” to our overall health.

Many people first learn they have serious health conditions such as **diabetes, high blood pressure, high cholesterol and even cancer** from a comprehensive eye examination.



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# When to have a comprehensive eye exam?



**Several factors** may determine how frequently you need an eye exam, including your:

- Age
- Health
- Risk of developing eye problems.





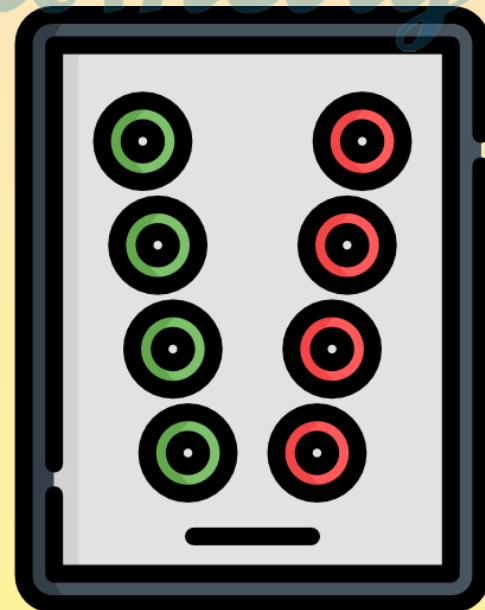
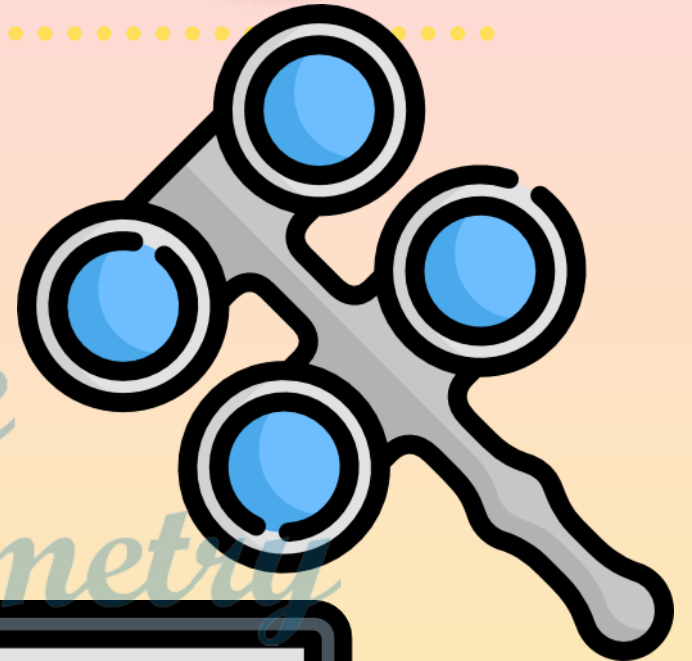
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# When to have a comprehensive eye exam?



## Recommended schedule for children:

- 1st at age 6 months
- 2nd at age 3 years
- 3rd at age 5-6 year
- Every year if they need glasses or contact lenses
- Every 2 years if they did not need any glasses or contact lenses

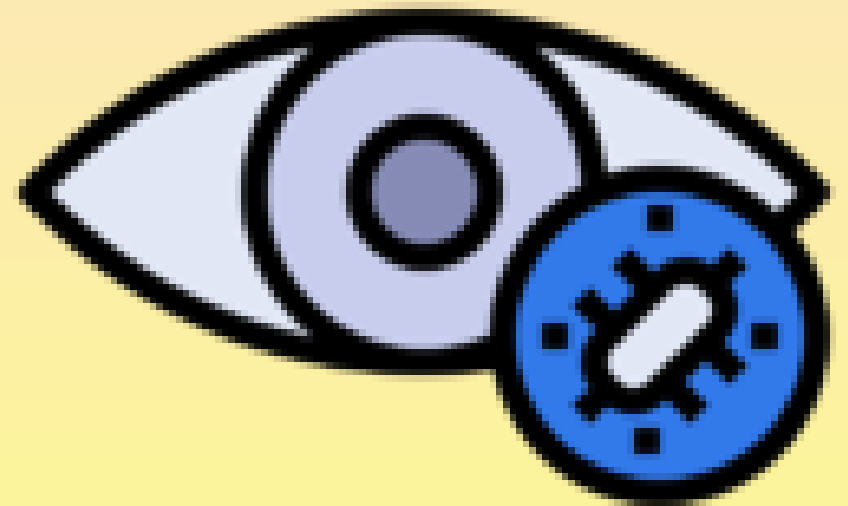
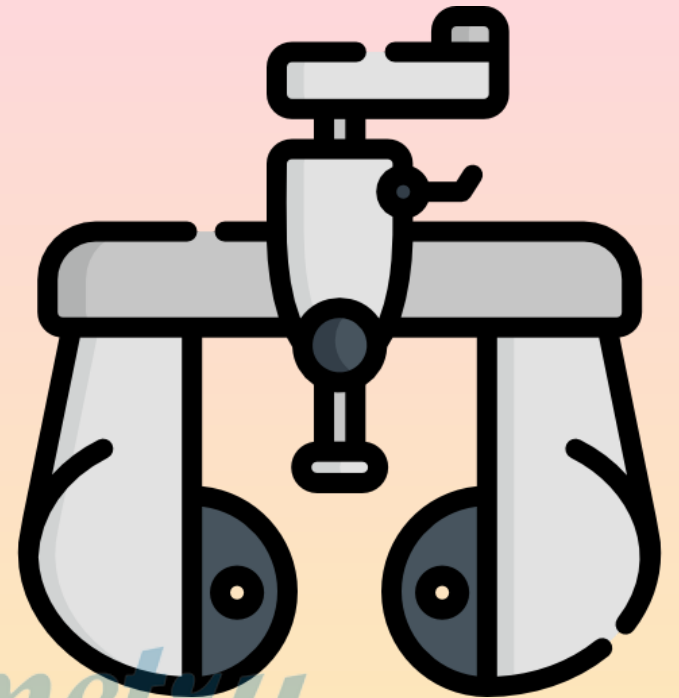


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# In General:

If you are healthy and you have no symptoms of vision problems, have your eyes checked on this schedule:

- Every 5-10 years in your 20s and 30s
- Every 2-4 years from 40 to 54
- Every 1-3 years from 55 to 64
- Every 1-2 years after age 65

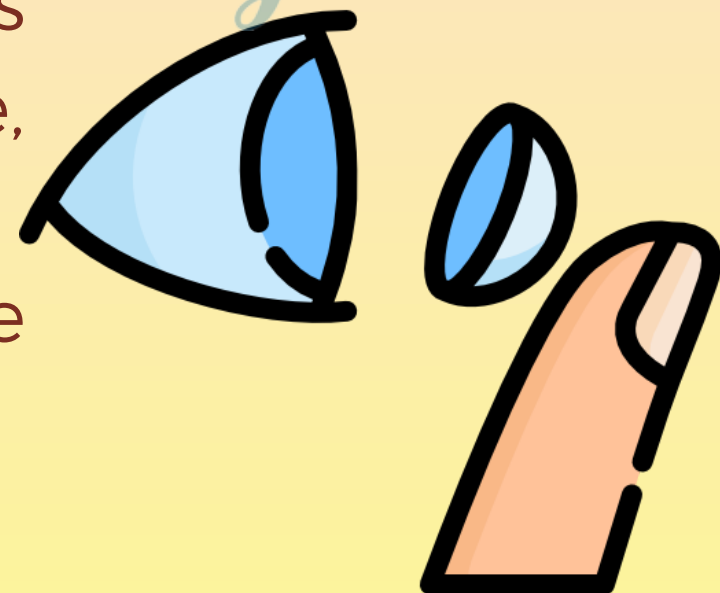
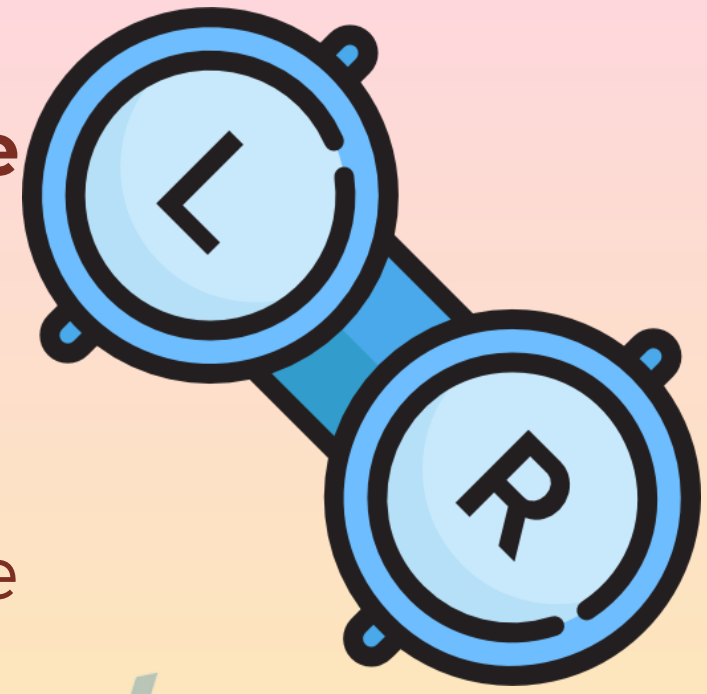


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# In General:

Have your eyes checked more often if you:

- Wear glasses or contact lenses
- Have a family history of eye disease or loss of vision
- Have a chronic disease that puts you at greater risk of eye disease, such as diabetes
- Take medications that have serious eye side effects

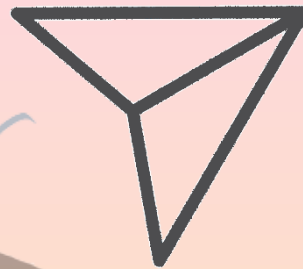




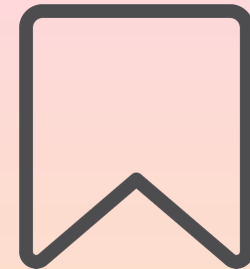
Wow, what a cool content



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