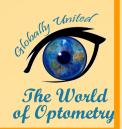


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OCCUPATIONAMetry EYE HEALTH &













Introduction

 Sight & hearing are two important senses to be protected in the workplace.
 Both employer & employees have to be responsible to maintain a safe working environment.



- The Occupational Safety and Health Administration (OSHA) and eye experts all agree that 90% of eye injuries are preventable.
- You can protect yourself from eye hazards by wearing the right eye protection.







Wow, what a cool content



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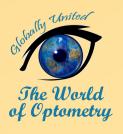






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Safety precautions to be taken

- Conduct eye hazard assessment to minimize the workplace eye injury
- Provide protective eyewear & to make sure employees use it
- Choose appropriate eyewear & make sure always available on the worksite
- Take immediate action if found new eye hazards
- Keep sterile eyewash solution at every work stations
- Known the basic first aid to be given when there is an injury













Why is eye safety important?

- For the workers, eye injuries may cause pain & discomfort, which will affect their performance during work time, medical cost, or even permanent disability.
- For employers, eye injury may affect their productivity & compensation costs.
- Eye injury can also affect a person's daily life.







Common Hazards in workplace & What to do

Chemical splash

- Do not close your eyes tightly.
- Splash/ wash your eyes with clean water/ sterile eyewash solution.
- Do not use another chemical to neutralize the spilled chemical.
- Get medical attention immediately & bring along the chemical container and its label available for evaluation.

Flying particles

- Do not try to remove anything in the eye as you might worsen the condition.
- Do not rub or close your eyes tightly.
- Cover it and get medical attention immediately.













Common Hazards in workplace & What to do

- Radiation/burns
- Apply ice packs to relieve pain.
- Get medical attention immediately.



- Apply ice packs to control swelling and relieve pain.
- Get medical attention immediately.
- EyestrainImprove the lighting in the area.
- Follow ergonomics during gadgets use
- Give eyes adequate rest.









Types of the eye protections

- General safety glass
- Face shield
- Laser safety glasses
- Chemical splash goggles
- Impact googles
- Full- face respiratory
- Welding helmets

*Eye injury can happen in the blink of an eye. There will be no time to react when the accident takes place. Make sure that the first aid/eye protection is always taken into safety measures!

*The employers & the employees are responsible to minimize workplace hazards.







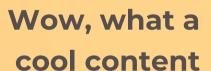






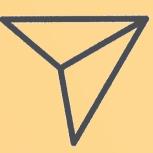








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