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TWOP TIPS

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REFRACTION TIPS



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MINDSET



- Used to think there is one prescription coming from each eye examination.
- In recent times, a range of potential lenses could prescribe to a patient, all of these to help meet their visual needs.
- Based on their ever-changing lifestyle, we have to optimize the best vision for any given patient.

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TIME MANAGEMENT

- Some individuals have short attention spans. It is better to use our time efficiently and effectively to conclude the best possible prescription for a patient.

- Objective refraction and refine during subjective refraction.

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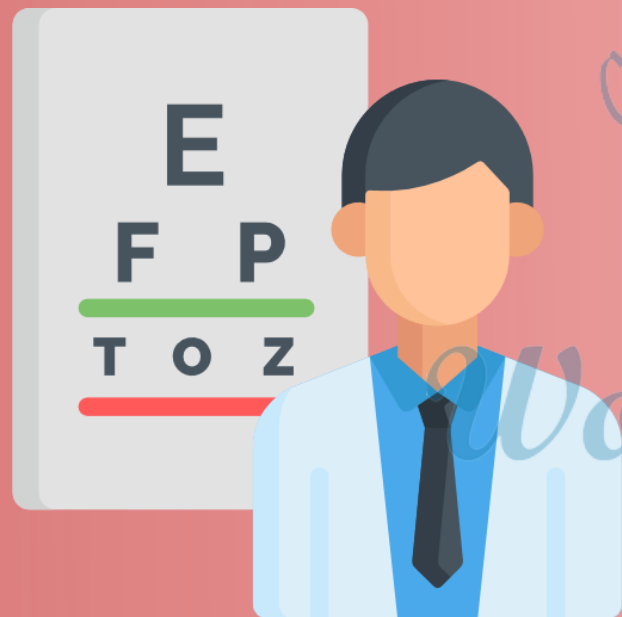


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MAKE IT COMFORTABLE FOR THE PATIENT

- Many patients get worried when responding to the “wrong answers” during refraction.
- Assure the patient to give a response to their first impression.
- Flipping the lenses between options of lenses should be done consistently.
- Allow patients to have a time-lapse in discerning what they are seeing and decide where it ranks. Flipping lenses quickly may give the impression that the patient has made a “mistake.”

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MAKE EVERY MEASUREMENT COUNT



- Going through the next-step in mind while doing refraction if, in doubt, it is better to have your colleagues have a quick look or the patient to come back on another day for the eye examination.

- Refraction remains the core service provided by optometrists. It can be seen as an art to serve the prescribing needs of patients.

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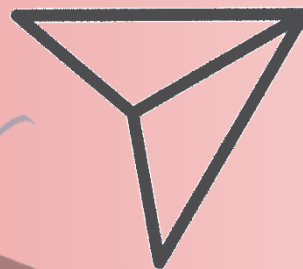




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