

# TWOP GLAUCOMA Awareness Week

*Globally United*  
**#TWOPGAW**  
*The*



**World Glaucoma Week**  
March 7 - 13, 2021



**THE WORLD  
IS BRIGHT,  
SAVE YOUR  
SIGHT**

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**THE SECOND WEEK OF MARCH DATE: MARCH 7-13, 2021**



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# Introduction

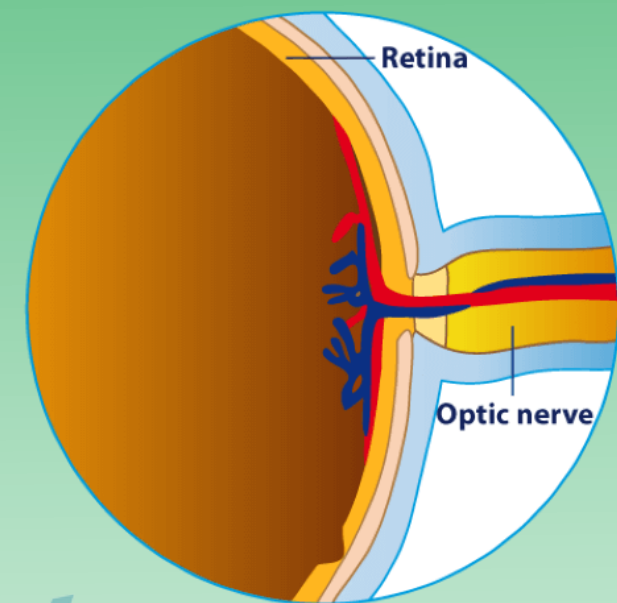
- World Glaucoma Week is a global joint initiative between the World Glaucoma Association (WGA) and the World Glaucoma Patient Network (WGPN), in order to raise awareness on glaucoma.
- The 2021 theme: **"The world is bright, save your sight!"**



# What is glaucoma?

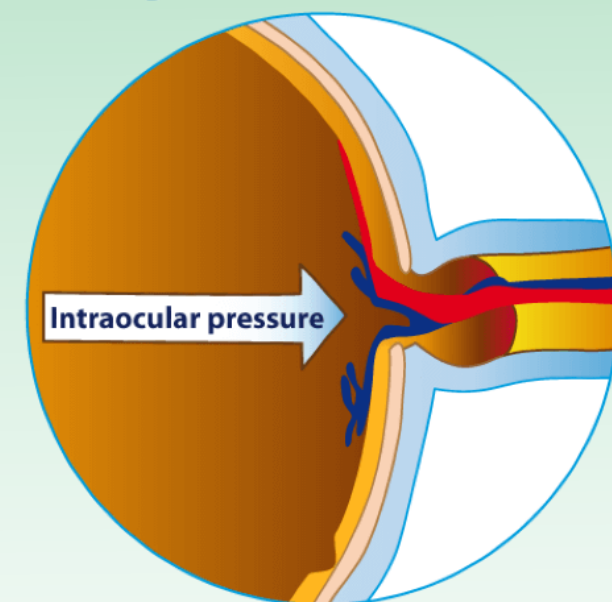
- Glaucoma is a disease that damages your eye's optic nerve, the health of which is vital for good vision. It usually happens when fluid builds up in the front part of your eye.

Healthy eye



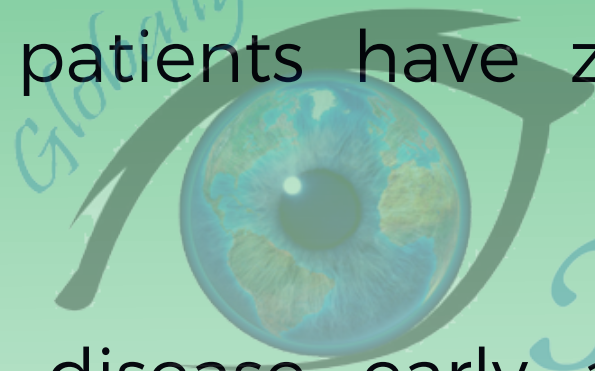
Eye with glaucoma

- That extra fluid increases the pressure in your eye, damaging the optic nerve.



# Did you know?

- Most people with glaucoma are not aware of it; most glaucoma patients have zero symptoms.
- Catch the disease early and you have a great chance of preserving your vision for the years to come.
- It could affect as many as 111 million people worldwide by 2040.



# Risk Factors

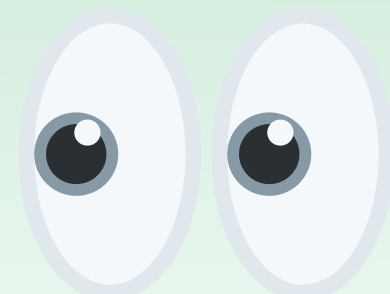
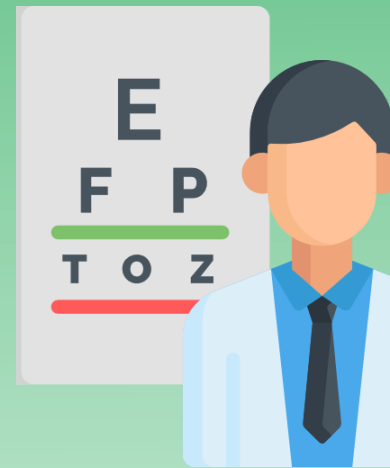
You are more likely to get it if you:

- Are of African American, Irish, Russian, Japanese, Hispanic, Inuit, or Scandinavian descent
- Are over 40
- Have a family history of glaucoma
- Are nearsighted or farsighted
- Have high eye pressure



# Glaucoma Prevention

- You can't prevent glaucoma, but if you find it early, you can lower your risk of eye damage.
- **Have regular eye exams**, the sooner your doctor spots the signs of glaucoma, the sooner you can start treatment. All adults need to be checked
- **For glaucoma every 3 to 5 years**, if you're over age 40 and have a family history of the disease, get a complete eye exam from an eye doctor every 1 to 2 years. If you have health problems like **diabetes** or are at risk of other eye diseases, you may need to go more often.

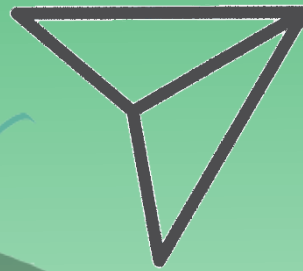




Wow, what a cool content



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Save, to consult in the future

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